Healthy Food for All
Building Community Health, Food Equity & Farm Viability

The ripple effect of connections, convenings and the power of community is seen. Women continue to grow the resources available to vulnerable populations. In the fall of 2015, the Women’s Fall Gathering hosted an evening to connect, collaborate and inspire women in Tompkins County.

From the ensuing discussion of women and poverty and after hearing the demographical data presented by CARDI and the first-hand experiences from a panel, one attendee moved into action. Sobering statistics show that the highest percentage of people living in poverty are single moms and their children.

Liz Karabanakis made the decision that no single mom (or parent) would be turned away from the healthy food program. Healthy Food For All (HFFA) makes it possible for households with limited resources to take part in Community Supported Agriculture (CSA). Consumers and farmers both benefit.

Women’s Fund gatherings continue to inspire others with the results rippling across our communities.

Come meet other active donors, staff and Board members through your Community Foundation, call us (607) 272-9333, or visit www.cftompkins.org

39%
Gender and Poverty
39% of Tompkins County families with children, who have a female head of household, live in poverty

2018
Women’s Fund Grant Cycle this year will in the fall. Application deadline: September 5, 2018

2018 Women’s Fund Grant Cycle objectives:
- Promote educational, economic, and social equality for women
- enable women to achieve economic self-sufficiency
- insure necessary resources for women’s health and basic needs

Recognition of Service to Others
Thank you Joan Abrams, 2017 Laura Holmberg awardee (pictured with her daughters).

Promoting Healthy Communities
Southside Community Center and Ithaca Health Alliance strengthen our communities.

Thank you to our many volunteers
You are ambassadors of community philanthropy.
By The Numbers  (12/31/17)

$ 352,000 Women’s Fund Assets
$ 341,000 Endowed Assets
$ 11,000 Expendable Assets

Women’s Fund Advisory Committee
Steph Bailey (chair), Pam Bleiwas, Suzie Brache, Jill Burlington, Elsa Hyde, Mimi Melegrito, Stacey Murphy, Carrie Regenstein, Kim Rothman, Nancy Schuler, Angela Sullivan, Lynn Swain (Community Foundation Board of Directors Liaison)

We serve as a catalyst; we partner with local agencies; we support community needs; and we honor local volunteers.

SAVE THE DATE:
Annual Women’s Fund Luncheon
October 23, 2018
Emerson Suites, Ithaca College

The Community Foundation enables everyone to be a philanthropist.

Community Impact
“I was spellbound by the amazing stories that were shared. It made me think of those times when I had 22 cents in my checking account and no way out. I am proud to support the fine work you all do. Please share my gratitude with the entire team.”
~ 2017 Women’s Fund Luncheon attendee

By The Numbers

<table>
<thead>
<tr>
<th>Year</th>
<th>Total Gifts Value</th>
<th>Number of Gifts</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yr '14</td>
<td>42,374</td>
<td>145</td>
</tr>
<tr>
<td>Yr '15</td>
<td>28,287</td>
<td>69</td>
</tr>
<tr>
<td>Yr '16</td>
<td>50,315</td>
<td>143</td>
</tr>
<tr>
<td>Yr '17</td>
<td>44,094</td>
<td>212</td>
</tr>
</tbody>
</table>

CATALIZING AND CONVENING
Past years’ themes and topics:
Annual Luncheon and Gatherings
2017 Finding My Voice Through Time
2016 Bridges: A Journey Reflections on My Life’s Work in Senior Care
2016 Let Your Voice Be Heard
2015 Stepping Out of the Shadows: Embracing New Leaders, New Voices
2015 Women and Poverty Demographic Data

Women’s Grant Cycles
2017 $20,300
2016 $32,445
2015 $17,700

YOUR GIFTS MAKE THIS POSSIBLE
FOR MORE INFORMATION, VISIT: www.cftompkins.org/giving/our-funds/womens-fund

Since inception, the Women’s Fund has made grants totaling more than $100,000; the annual Women’s Fund Grant Cycle leverages additional funding, expanding the impact of many important programs in our community.

Women’s Fund Grants Total: $119,096

- Advocacy and Leadership: $19,850 (17%)
- Healthcare: $28,923 (24%)
- Shelter, Food, Safety: $13,800 (12%)
- Childcare and Transportation: $25,579 (21%)
- Education and Employment: $30,944 (26%)