**Age-Friendly Implementation Timeline**

*updated 10/12/17*

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| Color Code | Status |
|  | Significant progress or outcome achieved |
|  | Moderate, steady progress |
|  | Minimal or no progress |
|  | Strategy withdrawn |

**Outdoor Spaces and Buildings**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1**: **Promote a paradigm shift for creators and stewards of the built environment to view their work through an Age-Friendly lens** | *TCOFA, Ithaca College & Cornell University* |  | | |
| Task 1.1 Present Age Friendly Initiative to Tompkins County Council of Governments |  | 2017 | Will be on the Tompkins County Council of Governments agenda in 2017 |  |
| Task 1.2 Provide training seminar inviting members of the Tompkins County Council of Government and reach 2 municipalities |  | 2017 | Will be on the Tompkins County Council of Governments agenda in 2017 |  |
| Task 1.3 Work in greater depth with 2 municipalities to implement Age-Friendly concepts in planning and zoning efforts |  | 2018-2019 |  |  |
| **Goal 2: Improve outdoor spaces and buildings to ensure the safety, accessibility and visitability by the continua of ages, abilities, and incomes by removing unnecessary barriers to functioning through informed design.** | *TCOFA, Ithaca College & Cornell University* |  | | |
| Task 2.1 Partner with City of Ithaca Disability Advisory Committee (DAC) on shared priorities |  | 2016-2019 | The Age-Friendly Sidewalks Program conducted a Community Survey of Sidewalk Accessibility with older adults at McGraw House, Titus Towers, Beechtree Rehabilitation Center in Spring 2016 |  |
| Task 2.2 Engage student groups to conduct an assessment of at least one priority area among downtown Ithaca’s buildings and outdoor spaces |  | 2017 | Last spring, Ithaca college students assessed five large and five small local businesses on accessibility to elders. They also conducted a study, which will be finished in spring 2017, investigating what elders thought about those businesses. |  |
| Task 2.3 Develop a list of best practices for buildings and outdoor spaces for those working in these areas |  | 2018 |  |  |
| Task 2.4 Meet with the Downtown Ithaca Alliance, Tompkins County Visitors Bureau and Chamber of Commerce to share findings and best practices |  | 2018 |  |  |
| **Goal 3: Promote the walkability of our communities (by addressing connectivity, quality and presence of sidewalks, safety from crime, weather, and falls).** | *Office for the Aging Advisory Committee, Tompkins County Planning Department, Ithaca College, Cornell University and TC3* |  | | |
| Task 3.1 Work with the City of Ithaca and one other municipality to conduct a walkability survey |  | 2018-2019 |  |  |
| Task 3.2 Work with Tompkins County Planning Department on sidewalk inventory and Health Communities Strategy |  | 2017-2019 |  |  |

**Housing**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: Educate and disseminate information regarding accessibility and visitability in design for new housing development** | *Tompkins County Office for the Aging* |  | | |
| Task 1.1 Offer educational session on accessibility and visitability to the Tompkins County Council of Governments |  | 2017 | Will be on the TCOG agenda in 2017 |  |
| Task 1.2 Provide in-depth training seminar inviting the Tompkins County Council of Government and 2 other municipalities |  | 2017 |  |  |
| Task 1.3 Utilize the Office for the Aging’s website as a go-to resource |  | 2017-2019 |  |  |
| **Goal 2: Advocate for the development of additional accessible affordable housing to meet housing needs across the lifespan.** | *Tompkins County Office for the Aging, Tompkins County Planning Department* |  | | |
| Task 2.1 Meet with municipal officials and developers to inform them about the housing needs of older adults in order to make the development of affordable accessible housing a priority. |  | 2016-2017 | Lisa Holmes presented to County Planning Development Committee in Oct. 2016; Senior housing needs documented in Tompkins County Planning Department’s Tompkins County Housing Strategy document 6/29/17 |  |
| Task 2.2 Conduct housing needs/preferences surveys and senior housing occupancy surveys |  | 2018 | Senior Housing occupancy/wait list survey conducted in March 2017 |  |
| **Goal 3: Advocate for additional home repair funding to enable lower income older adults to age in place.** | *Tompkins County Office for the Aging, INHS/Better Housing for Tompkins County* |  | | |
| Task 3.1 Apply for home repair grant funds for low income homeowners |  | 2016-2019 |  |  |
| Task 3.2 Target additional flexible funds such as Community Services for the Elderly (CSE) funds |  | 2016-2019 | Tompkins County Office for the Aging targeted Community Services for the Elderly funds in 2016 |  |
| Task 3.3 Solicit donated funds and materials for home repairs from local businesses and chain stores to make limited funding go further |  | 2016-2019 | Plans to solicit materials and funds from Home Depot, Lowes and Walmart |  |

**Transportation**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: Generate broader interest and acceptance of the vision of an integrated transportation system** | *Tompkins County Coordinated Transportation Planning Committee; Cooperative Extension Way2Go Program* |  | | |
| Task 1.1 Discuss, catalyze and support the creation of an alliance for integrating transportation services |  | 2016 | Integration of transportation services was the topic of coordinated plan meetings in 2016 and 2017 |  |
| Task 1.2 Establish/ facilitate a working group of key stakeholders to develop and organize support for an integrated transportation system. |  | 2017-2019 | Partners from coordinated plan are working together on integrated transportation; Presentation to Gadabout Board in January 2017 |  |
| Task 1.3 Explore feasibility of Mobility as a Service (MaaS) in Tompkins County, and apply for NYSERDA Grant for feasibility study. |  | 2017 | Presentation to Mobility as a Service to Tompkins County Health and Human Services Committee on Feb. 15, 2017 |  |
| **Goal 2: Increase awareness, utilization and integration of existing services such as Gadabout, FISH, Love Living at Home and other senior transportation providers** | *Tompkins County Office for the Aging* |  | | |
| Task 2.1 Convene leaders of volunteer transportation providers to discuss current services and trends |  | 2017 |  |  |
| Task 2.2 Develop communications plan to increase ridership and increase number of volunteer drivers |  | 2017-2019 | Gadabout board is conducting outreach to increase ridership and volunteer drivers |  |
| **Goal 3: Raise awareness of programs that bring services and support TO people. Explore and develop additional services** | *Tompkins County Office for the Aging, 211* |  | | |
| Task 3.1 Research and document existing programs in Tompkins County |  | 2017 |  |  |
| Task 3.2 Publicize service list to increase the utilization of these services |  | 2018-2019 |  |  |

**Employment and Civic Participation**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: Support transition planning for soon-to-be and new retirees.** |  | | | |
| Task 1.1 Regularly publicize long-term and short-term community volunteer opportunities available with the Volunteers Connected program. Utilize Lifelong’s weekly e-mail blast, the monthly Volunteers Connected newsletter as well as the Senior Circle newsletter. | United Way and Lifelong | 2016-2019 | Aging Services Network Presentation April 2016 |  |
| Task 1.2 Offer a minimum of 4 in-person presentations to senior groups regarding volunteer opportunities within the community. | Lifelong | 2016-2019 | Aging Services Network Presentation April 2016; Volunteer opportunities in Senior Circle, including Ombudsman Program in May 2016, Energy Navigator program in March 2016 and Gadabout in November 2016 |  |
| Task 1.3 Offer at least one training to local non-profit organizations on how to recruit, train and manage older adult volunteers | Human Services Coalition | 2018 |  |  |
| **Goal 2: Support older adults seeking employment opportunities** |  | | | |
| Task 2.1 Publicize Workforce New York as a hub of support for older workers, assisting with resume writing, technology, part-time employment opportunities, workshops and other employment-related services. Include a minimum of 2 articles per year in the Senior Circle newsletter, 2 annual Facebook posts, and 2 articles in TCOFA’s online newsletter using Constant Contact. | Tompkins County Office for the Aging, Workforce NY | 2016-2019 | Article in Spring 2017 issue of Senior Circle |  |
| Task 2.2 Share information on local agencies which offer alternative options including those that promote barter systems, cooperative volunteer banks, time trading programs and/or other similar programs. Include one article per year in the Senior Circle newsletter, one Facebook post per year, and one article in TOCFA’s online newsletter using Constant Contact. | Tompkins County Office for the Aging | 2016-2019 | Article in Spring 2017 issue of Senior Circle |  |

**Culture of Respect and Inclusion**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: *Age-Friendly Protection Efforts:* Enforcement of age-based anti-discrimination protections (i.e., local, state, federal human/civil rights laws).** | *Tompkins County Office of Human Rights* |  | | |
| Task 1.1 Respond to the public’s complaints of age discrimination in employment, housing, and public accommodation. |  | 2016-2019 | Filed Complaints Related to Age Employment: 3; Housing: 2; PA: 0 |  |
| Task 1.2 Address accessibility-based violations, in both public and private settings |  | 2016-2019 | Accessibility Consultations/ Intakes related to Housing: 18; PA: 20 |  |
| Task 1.3 Track and ensure requests for reasonable accommodation for seniors and persons with disabilities are addressed appropriately |  | 2016-2019 | RA Request Assistance/ Denials related to Employment: 15/12 Housing: 13/7 |  |
| Task 1.4 Enforce senior citizen lease termination protections |  | 2016-2019 | No cases in 2016 |  |
| Task 1.5 Reduce or eliminate discriminatory housing ads and steering tactics |  | 2016-2019 | Weekly auditing of real estate/housing advertisings |  |
| Task 1.6 Identify and address exclusionary public policies based on age |  | 2016-2019 | No cases in 2016 |  |
| **Goal 2: *Age-Friendly Promotion Efforts:* Creating opportunities for collaboration, healing, bridge-building, dialogue, and celebration among all age categories.** | *Tompkins County Office for the Aging* |  | | |
| Task 2.1 Offer county-wide fair housing/equal opportunity employment workshops |  | 2018 | Human Rights Presentations related to Employment: 6; Housing/PA: 8 |  |
| Task 2.2 Develop or join one annual jointly-sponsored community celebration that highlights and provides multi-generational benefits |  | 2017-2019 | TCOFA Staff and partners participated in Streets Alive! on 9/17/17, publicized event to encourage Titus Towers, Beechtree and McGraw House residents to attend; offered adult tricycles for the public to try; took videos of participants of all ages discussing: “What Does Age Friendly Mean to You?” |  |

**Communication and Information**

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| Goal/ Strategy | Lead Agencies | Deliverable Date | Progress to Date | Progress Code |
| **Goal 1: *Promote Age Friendly Ithaca/Tompkins.*** | *Age Friendly Steering Committee* |  | | |
| Task 1.1 Form an Age Friendly Tompkins/Ithaca Community Coalition |  | 2016 | Age Friendly Steering Committee |  |
| Task 1.2 Develop outreach campaign |  | 2017-2019 | Discussed plan for increased social media presence and multigenerational events at Age Friendly Steering Committee meeting 11/28/16 |  |
| **Goal 2: Ensure that elders have access to information and communication resources.** | *Tompkins County Office for the Aging* |  | | |
| Task 2.1 Promote the Tompkins County Office for Aging/NY Connects program |  | 2016-2019 | NY Connects promoted in the Senior Circle in November 2016 and May 2016 issues |  |
| Task 2.2 Mount a multi-pronged approach |  | 2016-2019 | Used social media, the Senior Notebook TV show, and radio to communicate with older adults |  |
| Task 2.3 Promote effective public information and consumer education |  | 2016-2019 | Developed public information/education plan for 2016-2017 |  |
| **Goal 3: Provide educational opportunities to improve the computer and communication technology skills of older adults who wish to learn.** | *Lifelong and Ithaca College* |  | | |
| Task 3.1 Pair Ithaca College students with older adults who wish to learn about technology through Lifelong’s learning lab |  | 2016-2019 | 80-85 Ithaca College Occupational Therapy graduate students, Aging Studies Age Matters students, and Park Scholar Media Club students provided one-to-one and small group instruction to elders at 6 Tompkins County locations including Lifelong, McGraw House, Titus Towers, Longview, and Kendall. |  |
| **Goal 4: Utilize points of entry and trusted community organizations to provide outreach to raise awareness of issues of importance to older adults** | *Tompkins County Office for the Aging* |  | We partner with local agencies such as Mental Health, FLIC, Suicide Prevention and the Gerontology Institute to provide information to seniors |  |
| Task 4.1 Inform human resources professionals about services for retirees and caregivers |  | 2017 | The Ithaca College Gerontology Institute Family Caregiver Resource page:  <http://www.ithaca.edu/gerontology/caregiverresources/>  Finger Lakes Geriatric Education Center training at Ithaca College Superskilled! Reducing Turnover and Increasing Retention Train-the-Trainer on October 13, 2016 |  |
| Task 4.2 Promote Workforce New York as a hub of support for older workers |  | 2017-2019 | Article on this topic in Spring 2017 issue of Senior Circle |  |
| Task 4.3 Promote long-term and short-term community volunteer opportunities. Promote local agencies which offer alternative options |  | 2017-2019 | Regularly publicize long-term and short-term community volunteer opportunities available with the Volunteers Connected program through Lifelong’s weekly e-mail blast, the monthly Volunteers Connected newsletter and the Senior Circle newsletter. |  |
| Task 4.4 Reach out through the clinically integrated network of providers and Guthrie |  | 2017-2019 |  |  |
| Task 4.5 Utilize the Fingerlakes Office Managers Association |  | 2017-2019 |  |  |
| Task 4.6 Educate patients and caregivers to make informed decisions |  | 2017-2019 | Finger Lakes Geriatric Education Center training at Brookdale: Partners in Care Assisted Living: Cooperative Communication Between Families and Staff-- June 7-September 16, 2016 for Assisted Living Staff, July 17, 2016 for Family Caregivers  “Health Literacy: Communicating with Your Health Care Provider training at Longview” Presentation on February 25, 2016 |  |
| Task 4.7 Assist individuals in planning ahead to pay for long term care |  | 2016-2019 | Senior Living Expo 2016 on Saturday, April 2  Free event with over 30 exhibitors and presentations on Paying for Long Term Care and Community Services for Aging in Place.  Senior Circle article on help paying for care on 11/21/16 |  |
| Task 4.8 Raise awareness about advance directives, palliative care, and hospice services |  | 2016-2019 | Palliative and End of Life Care Project: Community Report on survey conducted in Finger Lakes and Southern Tier in spring 2015 by Elizabeth J. Bergman and IC students; Ithaca Journal headline article "What You Should Know about Palliative Care," including interview with Professor Elizabeth Bergman, was published on February 22, 2016; Ithaca College Gerontology Institute workshops: “Recognizing the Value of Advance Care Planning and MOLST/eMOLST” on September 29, 2015, “Palliative Care: Research and Practice” on April 20, 2016, and “Racially-Associated Disparities in Hospice and Palliative Care Access: Can We Move the Needle?” on February 13, 2017; Upcoming Palliative Care Conference at Ithaca College on April 5, 2017 |  |
| Task 4.9 Raise the general awareness of aging and long term care issues among philanthropic organizations |  | 2018 |  |  |
| Task 4.10 Promote tools to support informal care networks |  | 2016-2019 | Caregivers Resource Center newsletter article on Caring Bridge and Lotsa Helping Hands websites in Winter 2017 |  |
| Task 4.11 Convey practical and timely information to individuals and families about scams, magazine subscriptions, and over-solicitation |  | 2016-2019 | Senior Circle discussed scams in May 2016 and August 2016 issues and covered five popular scams in Winter 2015-16 issue |  |
| Task 4.12 Promote presentations by the Attorney General’s Office about scams |  | 2016-2019 |  |  |
| Task 4.13 Raise awareness among older adults about elder abuse and financial abuse |  | 2017-2019 | Upcoming Ithaca College Gerontology Institute workshop “Elder Abuse: Prevalence, Process, and Prevention” on March 21, 2017 |  |
| Task 4.14 Consult with an elder law attorney about the Medicaid five year look-back period |  | 2017 |  |  |
| Task 4.15 Include information about financial exploitation, abuse, and scams when providing outreach |  | 2016-2019 | NYSEG scam alert issued on Tompkins County Office for the Aging website; Scams covered in the Senior Circle August 2016 and Winter 2015-16 issues, and financial exploitation in the May 2016 issue; Information on scams available at Tompkins County Office for the Aging |  |

**Community Support and Health Services**

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| **Goal 1: Ensure that the approach to discharge planning (including discharges to institutional settings) is well coordinated and connected with available community resources.** | *Health Planning Council* |  | | |
| Task 1.1 Host biannual discharge planning network luncheons |  | 2016-2019 | Held luncheon in Sept. 2016, another is planned for March 2017 |  |
| Task 1.2 Encourage the use of electronic medical records (including electronic medical orders for life sustaining treatment or e-MOLST) by community based organizations. Offer training to community based organizations to enhance staff awareness and capacity for electronic medical records. |  | 2017 | Ithaca College Gerontology Institute workshops: “Recognizing the Value of Advance Care Planning and MOLST/eMOLST” on September 29, 2015 |  |
| Task 1.3 Monitor and inform the community about Delivery System Reform Incentive Program |  | 2016-2019 | Standing issue at Health Planning Council Board Meetings in 2016; Long Term Care Committee Meeting in February 2017 |  |
| **Goal 2: Support caregivers and patient-advocates during discharge from hospital to home.** | *Tompkins County Office for the Aging* |  | | |
| Task 2.1 Offer training to family and caregivers regarding hands-on needs |  | 2016-2019 | Family Caregiver Training was held in March 2016; will hold another training in February 2017 |  |
| Task 2.2 Advocate for increased funding for respite care for caregivers |  | 2016-2019 | Alzheimer’s Respite funding; Presentation and demonstrations with Ithaca College Occupational Therapy Department at Senior Living Expo in March 2017 |  |
| **Goal 3: Elevate the way our community values and honors personal care aides on a professional level, including how they are treated, as well as the income, benefits and training they receive.** | *Visiting Nurse Services* |  | | |
| Task 3.1 Educate and assist home health organizations |  | 2016 | Finger Lakes Geriatric Education Center training at Ithaca College “Superskilled! Reducing Turnover and Increasing Retention Train-the-Trainer” on  October 13, 2016 |  |
| Task 3.2 Host a recognition luncheon for home health aides |  | 2016-2019 | Held HHA recognition event on 10/16/16 |  |
| Task 3.3 Advocate for a living wage and funding |  | 2016-2019 | Tompkins County joined New York State Health Care Crisis Campaign; will provide testimony at Public Hearing in February 2017 |  |
| **Goal 4: Advocate for the following programs and services within Tompkins County which are currently unavailable and for which there is a significant community need:**  **1) A Medicaid funded Assisted Living Program (ALP);**  **2) A Medical Model Adult Day Program to assist individuals and caregivers with long-term care needs;**  **3) Additional units of secure and affordable dementia care** | *Tompkins County Office for the Aging* |  | | |
| Task 4.1 Educate state and local legislators and officials at the NYSDOH |  | 2016-2019 | Lisa Holmes provided legislative education during meetings, including with Health & Human Services; Letter to New York State Department of Health from Tompkins County Office for the Aging and Long Term Care Committee regarding need for Medicaid Assisted Living Program in Tompkins County in February 2017 |  |
| Task 4.2 Write letters of support and provide oral and written testimony |  | 2016-2019 | Letter to New York State Department of Health from Tompkins County Office for the Aging and Long Term Care Committee regarding need for Medicaid Assisted Living Program in Tompkins County in February 2017 |  |
| **Goal 5: Promote the seniors helping seniors concept through supporting the establishment of a “village” in Tompkins County.** | *Tompkins County Office for the Aging*  *and Love Living at Home* |  | | |
| Task 5.1 Ensure that Love Living at Home is well integrated with the Office for the Aging |  | 2016-2019 | Continued communication and collaboration via Long Term Care Committee to meet needs without duplicating services |  |
| Task 5.2 Explore ways in which similar services may be made available to rural areas |  | 2016-2019 | Love Living at Home is available throughout Tompkins Country, including rural areas. |  |
| **Goal 6: Ensure training is available for health care professionals and social workers regarding geriatric and psychological issues.** | *Ithaca College Gerontology Institute and Health Planning Council* |  | | |
| Task 6.1 Disseminate information about geriatric training for primary care physicians and CEUs for social workers. |  | 2017-2019 | Finger Lakes Geriatric Education Center Rural Summit at the State Society on Aging New York (SSANY) Conference  on October 26, 2016 at Ithaca College (CEU’s for social workers and physicians certified through UR)  Ithaca College Gerontology Institute workshops at the State Society on Aging New York (SSANY) Conference on October 27 -28, 2016 at Ithaca College (CEU’s for social workers certified through Family & Children’s Services): Expressive Arts in Counseling Psychotherapy; Attachment-Focused Integrative Reminiscence (Life Writing): Theory, Methods, Skills, and Phenomenological Experience; Skilled Listening and Writing for Story: From Reminiscence to Story-Work with Elders' Stories |  |