

INSPIRING STORIES, EMPOWERING COMMUNITY

Healthy Food for All

Building Community Health, Food Equity & Farm Viability

The ripple effect of connections, convenings and the power of community is seen. Women continue to grow the resources available to vulnerable populations. In the fall of 2015, the Women's Fall Gathering hosted an evening to connect, collaborate and inspire women in Tompkins County.

From the ensuing discussion of women and poverty and after hearing the demographical data presented by CARDI and the first-hand experiences from a panel, one attendee moved into action. Sobering statistics show that the highest percentage of people living in poverty are single moms and their children.

39%

Gender and Poverty 39% of Tompkins County families with children, who have a female head of household, live in poverty

Liz Karabanakis made the decision that no single mom (or parent) would be turned away from the healthy food program. Healthy Food For All (HFFA) makes it possible for households with limited resources to take part in Community Supported Agriculture (CSA). Consumers and farmers both benefit.

Women's Fund gatherings continue to inspire others with the results rippling across our communities.

Come meet other active donors, staff and Board members through your Community Foundation, call us (607) 272-9333, or visit www.cftompkins.org

<u>2018</u>

Women's Fund Grant Cycle this year will in the fall. **Application deadline: September 5, 2018**

2018 Women's Fund Grant Cycle objectives:

- Promote educational, economic, and social equality for women
- enable women to achieve economic self-sufficiency
- insure necessary resources for women's health and basic needs



Field of Interest Fund

2018

COMMUNITY IMPACT



Recognition of Service to Others Thank you Joan Abrams, 2017 Laura Holmberg awardee (pictured with her daughters).



Promoting Healthy Communities Southside Community Center and Ithaca Health Alliance strengthen our communities.



Thank you to our many volunteers You are ambassadors of community philanthropy.

Women's Fund Community Foundation of TOMPKINS COUNTY

By The Numbers (12/31/17)

\$ 352,000 Women's Fund Assets

- \$ 341,000 Endowed Assets
- \$ 11,000 Expendable Assets

Women's Fund Advisory Committee

Steph Bailey (chair), Pam Bleiwas, Suzie Brache, Jill Burlington, Elsa Hyde, Mimi Melegrito, Stacey Murphy, Carrie Regenstein, Kim Rothman, Nancy Schuler, Angela Sullivan, Lynn Swain (Community Foundation Board of Directors Liaison)

We serve as a catalyst; we partner with local agencies; we support community needs; and we honor local volunteers.

SAVE THE DATE:

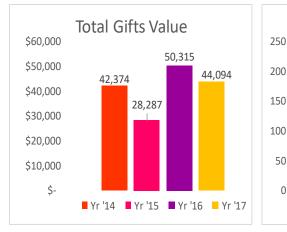
Annual Women's Fund Luncheon October 23, 2018 Emerson Suites, Ithaca College

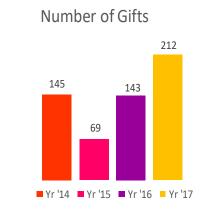


Community Impact

"I was spellbound by the amazing stories that were shared. It made me think of those times when I had 22 cents in my checking account and no way out. I am proud to support the fine work you all do. Please share my gratitude with the entire team." ~ 2017 Women's Fund Luncheon attendee

The Community Foundation enables everyone to be a philanthropist.





CATALIZING AND CONVENING

Past years' themes and topics:`

Annual Luncheon and Gatherings

- **2017** Finding My Voice Through Time
- **2016** Bridges: A Journey Reflections on My Life's Work in Senior Care
- 2016 Let Your Voice Be Heard
- 2015 Stepping Out of the Shadows: Embracing New Leaders, New Voices

2015 Women and Poverty Demographic Data

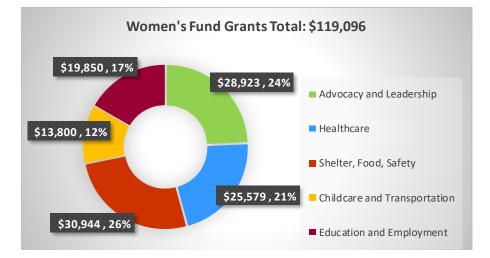
Women's Grant Cycles

2017 \$20,300 2016 \$32,445 2015 \$17,700

YOUR GIFTS MAKE THIS POSSIBLE

FOR MORE INFORMATION, VISIT: www.cftompkins.org/giving/our-funds/womens-fund

Since inception, the Women's Fund has made grants totaling more than \$100,000; the annual Women's Fund Grant Cycle leverages additional funding, expanding the impact of many important programs in our community.



Community Foundation of Tompkins County 200 E. Buffalo Street, Suite 202, Ithaca, NY 14850 tel: (607) 272-9333 web: www.cftompkins.org